

MALABAR

lunch

SALADS ▲

Malabar 7.95

Mixed greens, tomato, cucumber, julienned carrots, citrus vinaigrette

Arugula 7.95

Baby arugula, roasted peppers, hardboiled egg, caramelized walnuts, manchego, balsamic vinaigrette

Roasted Vegetable & Quinoa 7.95

Oven roasted fall vegetables tossed with mixed greens, quinoa and sherry vinaigrette

Greek 7.95

Romaine, tomatoes, feta, red onion, spanish olives, cucumber, red wine vinaigrette

Add: Avocado +1.95 Grilled chicken +4.95 Grilled salmon* +6.95 Seared tuna* +6.95 Skirt steak* +6.95 Grilled shrimp +6.95

SANDWICHES

Milanesa 11.95

Lightly breaded chicken breast, avocado, oaxaca cheese, chipotle mayo on ciabatta

Vegetariano 10.95

Spinach omelette, tomato, roasted eggplant, and romesco sauce served on multi-grain bread

Torta* 11.95

Ropa vieja, avocado, roma tomatoes, mahón cheese on a brioche bun

Cubano 11.95

Pork, ham, swiss cheese, housemade pickles, and mustard on a baguette

Tuna* 13.95

Seared tuna, avocado, jalapeño, mojo verde on a brioche bun

all sandwiches are made on the panini press and served with mixed greens and a choice of patatas bravas or fried yuca

ENTREES

Malabar Quesadilla 9.95

Peppers, onions, mushrooms and manchego cheese, with pico de gallo, guacamole and sour cream on the side, served with fried yuca and mixed greens

> with chicken 11.95

> with skirt steak* 13.95

Chicken Paillard 12.95

Grilled chicken breast with rosemary-olive oil marinade, served with patatas bravas and mixed greens ▲

Beef Churrasco* 14.95

Grilled skirt steak, chimichurri sauce, served with fried yuca and mixed greens ▲

Spanish Meatballs 13.95

Spanish beef meatballs in tomato sauce, with white rice and mixed greens

Ravioli 12.95

Housemade pasta stuffed with roasted eggplant and manchego cheese, topped with rustic tomato-saffron sauce

*these items are cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

▲ - gluten free or can be prepared GF upon request